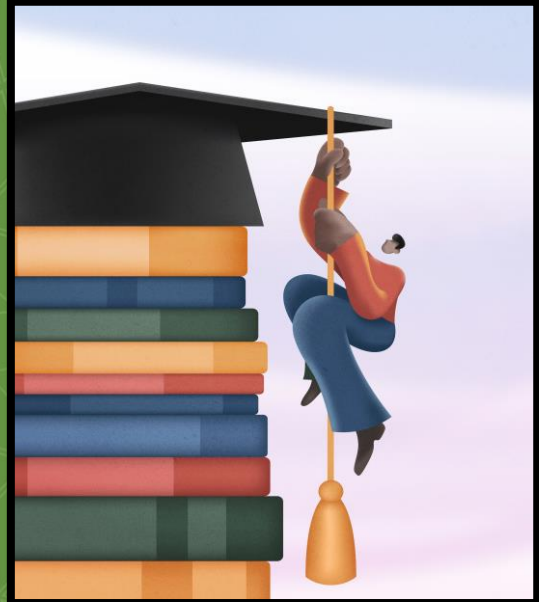


Desbloqueando mi Potencial



“Desbloqueando mi Potencial” es un grupo de apoyo para adolescentes que se enfoca en ayudar a los jóvenes a descubrir sus fortalezas.

A través de actividades interactivas y conversaciones, los participantes desarrollarán confianza, crearán un plan para su futuro y descubrirán que existen muchas maneras de alcanzar el éxito.

CHEC Centro de Recursos Familiares
Cada Martes, Agosto 18 – Octubre 6, 2026
Hora: 5:00pm-6:30pm
Edades de 14 a 17 años

Presentado por Elizabeth Lucero, MSW, ACSW.
RSVP: elizabeth.lucero@providence.org
o llame al 949.489.7742



South Orange County
Family Resource Center

22481 Aspan St., Suite B,
Lake Forest, CA. 92630
Phone #: 949-364-0500
Fax: 949-364-0575

Horarios de atención:
Lunes, Martes, y Viernes
8:30am-5:00pm
Miércoles y Jueves
10:30am-7:00pm



27412 Calle Arroyo,
San Juan Capistrano, CA. 92675
Phone #: 949-489-7742
Fax: 949-489-7748

Horarios de atención:
Lunes, Jueves, y Viernes
8:30am-5:00pm
Martes y Miércoles
10:30am-7:00pm

Los programas y servicios que se ofrecen en los centros SOC y CHEC de Recursos para la familia son patrocinados en parte al través del programa Familias y Comunidades Juntos (FaCT) factoc.org



Unlocking My Potential

"Unlocking My Potential" is a supportive teen group focused on helping youth explore their strengths.

Through interactive activities and discussions, participants will build confidence, develop a plan for their future, and discover that there are many ways to succeed.

CHEC Family Resource Center
Every Tuesday, August 18th – October 6th , 2026
Time: 5:00pm-6:30pm
Age:14-17

Presented by Elizabeth Lucero, MSW, ACSW.
RSVP: elizabeth.lucero@providence.org
or call (949)489.7742



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Hours of Operation:
Monday, Tuesday, & Friday
8:30am-5:00pm
Wednesday and Thursday
10:30am-7:00pm



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Programs and services at
SOC and CHEC Family
Resource Center are funded
in part through Families and
Communities Together (FaCT)
factoc.org